



Scott Middleton, DMD, MD

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941-926-9100

PRE SURGICAL INSTRUCTIONS

- Nothing to eat or drink for a minimum of 6-8 hours prior to surgery (including water).
- Take ALL regular medications unless told otherwise with only a small sip of water.
- For patients who are taking blood thinning medications (ie: Coumadin/Warfarin) please have your INR checked 3 days prior to your scheduled surgery and have the results faxed to our office at 941-926-9105.
- If you are a Diabetic-please skip your medications on the morning of your surgery. If you start to feel light headed you may sip apple juice.
- A driver is REQUIRED to bring you and take you home from your appointment. Plan to leave your personal belongings with your driver.
- Plan to rest the remainder of the day. Do NOT drive a vehicle, operate any machinery or sign any legal documents for 24 hours following your surgery.
- Please wear loose fitting clothing with sleeves that can be rolled up past the elbows and low heeled or flat shoes. Minimal make up and jewelry should be worn.
- Soft foods and liquids are best the first day. Maintain a soft diet for several days and gradually progress to solid foods.

- If an antibiotic is given please start one (1) day PRIOR to surgery and take one (1) tablet four (4) times daily as follows. Breakfast, lunch, dinner and bedtime.

Additional instructions: _____

Print Name: _____

Patient signature: _____

Date: _____

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